

Regence EngageSM Benefit Summary



Regence BlueCross BlueShield of Oregon is an Independent Licensee of the Blue Cross and Blue Shield Association

Engage's features:

- ◊ Provider choice: Members have direct access to their choice of providers. Category 1 are Preferred; Category 2 are Participating; and Category 3 are Non-contracted providers.
- ◊ Simplicity: One coinsurance level applies to all categories of providers. Members may be responsible for provider costs above the Category 3 allowed amount.
- ◊ Preventive care: Preventive services and immunizations are covered according to guidelines set forth by the United States Preventive Services Task Force (USPSTF), Centers for Disease Control and Prevention (CDC) and Health Resources and Services Administration (HRSA).

Annual Maximum	\$2,000,000 Annual Maximum		
Calendar Year Deductible Applies to all covered expenses except where noted	Individual deductible options per calendar year: \$0, \$250, \$500, \$1,000, \$2,000, \$3,000, \$5,000, \$7,500 Family deductible is three times the individual amount		
Calendar Year Coinsurance Maximum Applies to all covered expenses except where noted When the coinsurance maximum is reached, this plan provides benefits at 100% of the allowed amount for the remainder of the calendar year	Individual coinsurance maximum options per calendar year: \$2,000, \$3,000, \$4,000, \$6,000 Family coinsurance maximum is three times the individual amount		
Covered Services	80% Plan (Member may be responsible for any provider costs above the Category 3 allowed amount)	70% Plan (Member may be responsible for any provider costs above the Category 3 allowed amount)	50% Plan (Member may be responsible for any provider costs above the Category 3 allowed amount)
Benefits for services below will be provided at the percentage of the allowed amount specified, <u>after</u> deductible is met and until coinsurance maximum is met.			
Preventive Care and Immunizations Category 1 and 2: Not subject to deductible Category 3: Regular plan benefits apply	100%	100%	100%
Professional Services Office and inpatient services and supplies			
Hospital Services/Ambulatory Surgical Center Inpatient and outpatient services and supplies			
Maternity			
Rehabilitation Services Inpatient: 30 days per calendar year Outpatient: 25 visits per calendar year			
Chemical Dependency / Mental Health (Groups of 2-50): 45-day limit per calendar year for mental health residential treatment programs (Groups of 51+): No benefit limits for mental health residential treatment programs Outpatient services not subject to deductible	80%	70%	50%
Home Health 130 visits per calendar year			
Hospice Respite care limited to 14 days inpatient/outpatient per lifetime			
Skilled Nursing Facility 60 inpatient days per calendar year			
Emergency Room Services \$100 copay per ER visit (waived if directly admitted)			

Prescription Medication Options			
Prescription Medication Coverage Tiered plan design with three copay / coinsurance maximum options and three deductible options Generics: not subject to deductible Retail: 30-day supply per copay Mail order: 90-day supply (one copay per 30-day supply) Up to 30-day supply for covered self-administerable injectable medications at retail and mail order Copays and coinsurance apply to the out-of-pocket maximum	Prescription medication deductible options per calendar year: \$0, \$250, \$500 (not applied to prescription medication out-of-pocket maximum) Copay options: \$10 generic / \$35 brand-name formulary / \$75 brand-name nonformulary; no out-of-pocket maximum \$5 generic / \$25 brand-name formulary / \$50 brand-name nonformulary; \$3,000 out-of-pocket maximum \$7 generic / 25% brand-name formulary / 50% brand-name nonformulary; \$4,000 out-of-pocket maximum \$10 generic / 35% brand-name formulary / 50% brand-name nonformulary; \$5,000 out-of-pocket maximum Copays for self-administered chemotherapy medication, including oral (all options): \$10 generic / \$50 brand-name formulary / \$100 brand-name nonformulary (not subject to prescription medication deductible or out-of-pocket maximum) Member may be balance billed when a nonparticipating pharmacy is used. We cover certain medications according to United States Preventive Services Task Force (USPSTF) guidelines at 100%, no deductible, no copay at participating pharmacies only. Member must have a prescription. If an equivalent generic medication is available and a brand-name medication is chosen, the member is responsible for paying the applicable brand-name copay / coinsurance plus the difference in price between the equivalent generic medication and the brand-name medication not to exceed total retail cost.		
Optional Benefits Available With All plans			
Covered Services	80% Plan	70% Plan	50% Plan
Complementary Care Combined naturopathic, chiropractic, and acupuncture services and supplies limited to 8 visits or 24 visits per calendar year Not subject to deductible or coinsurance maximum	80%	80%	80%
Vision One routine eye exam per calendar year Hardware limited to \$150 per calendar year Not subject to deductible	100%	100%	100%
Employee Assistance Program (EAP) No cost to the member for: Up to four face-to-face sessions per incident to manage stress or work-life balance situations Legal and financial assistance 24/7 crisis line			

Additional Information	
Waiting Periods	No benefits are provided for treatment to a transplant until the member has been covered under this plan or a prior plan for 24 consecutive months. There is a six-month waiting period that must be met prior to benefits being available for pre-existing conditions. Members may receive credit for prior medical coverage. Pre-existing condition waiting periods do not apply to Members up to age 19.
Outside the Service Area	Members have the security of knowing they can access Blue Cross and/or Blue Shield (Blue Plan) providers across the country and worldwide through the BlueCard® Program. Plan benefits apply as described above, and members may receive discounts on their services.

<p>General Exclusions Coverage is not provided for any of the following, including direct complications or consequences that arise from:</p>	<ul style="list-style-type: none"> • Cosmetic/Reconstructive Services and Supplies except for reconstruction for functional injury and disease, to treat a congenital anomaly for members up to age 18, and for breast reconstruction following a medically necessary mastectomy to the extent required by law • Counseling in the absence of illness • Custodial Care: Non-skilled care and helping with activities of daily living • Dental Examinations and Treatments • Fees, Taxes, Interest: Charges for shipping and handling, postage, interest, or finance charges that a provider might bill • Government Programs: Benefits that are covered, or would be covered in the absence of this plan, by any federal, state or governmental program • Infertility except to the extent covered services are required to diagnose such condition • Investigational Services: Treatment or procedures (health interventions) and services, supplies, and accommodations provided in connection with investigational treatments or procedures • Medications without a Prescription Order • Military Service Related Conditions: The treatment of any condition caused by or arising out of a member's active participation in a war or insurrection or conditions incurred in or aggravated during performance in the Uniformed Services • Motor Vehicle Coverage and Other Insurance Liability • Non-Direct Patient Care including appointments scheduled and not kept, charges for preparing medical reports, itemized bills or claim forms, and visits or consultations that are not in person, including telephone consultations and email exchanges • Non-Duplication of Medicare: Services and supplies to the extent payable under Medicare, when by law, the plan would not be primary to Medicare had the member properly enrolled in Medicare when first eligible regardless of whether or not the member actually enrolled • Obesity or Weight Reduction/Control: Medical treatment, medication, surgical treatment (including reversals), programs, or supplies that are intended to result in or relate to weight reduction, regardless of diagnosis • Orthognathic Surgery except for congenital conditions, temporomandibular joint disorder, injury, and sleep apnea • Personal Comfort Items: Items that are primarily for comfort, convenience, cosmetics, environmental control, or education • Physical Exercise Programs and Equipment including hot tubs or membership fees at spas, health clubs, or other facilities; applies even if the program, equipment, or membership is recommended by the member's provider • Private Duty Nursing including ongoing shift care in the home • Riot, Rebellion and Illegal Acts: Services and supplies for treatment of an illness, injury, or condition caused by a member's voluntary participation in a riot, armed invasion, or aggression, insurrection, or rebellion or sustained by a member while committing an illegal act or felony • Routine Foot Care including treatment of corns and calluses and trimming of nails • Routine Hearing Exams • Self-Help, Self-Care, Training, or Instructional Programs including childbirth classes, diet and weight monitoring services and instruction programs, including those programs that teach a person how to use durable medical equipment or how to care for a family member • Services and Supplies Provided by a Member of Your Family • Services and Supplies That Are Not Medically Necessary • Services to Alter Refractive Character of the Eye • Sexual Reassignment Treatment and Surgery: Treatment, surgery, and counseling services for sexual reassignment • Sexual Dysfunction: Regardless of cause, except for counseling provided by covered, licensed mental health practitioners • Third-Party Liability: Services and supplies for treatment of illness or injury for which a third party is or may be responsible • Travel and Transportation Expenses other than covered ambulance services • Work-Related Conditions except for subscribers who are owners, partners, or corporate officers and are exempt from state or federal workers' compensation law
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This is a brief summary of benefits; it is not a certificate of coverage. All benefits must be medically necessary. For full coverage provisions, refer to the contract.