

# Complementary Care Plan

Benefit Features	
Maximum benefit per calendar year	\$1,000
<b>Important note:</b> All services are combined toward the calendar year maximum benefit. These benefits do not accumulate toward the deductible or the maximum coinsurance of your medical plan.	
Chiropractic care (provided by a Chiropractor)	
	We Pay
Initial evaluation	100% after \$20 copayment
Manipulation for treatment of bone, muscle, and joint disorders	100% after \$20 copayment
Diagnostic radiology and lab services	100%
Acupuncture (provided by an Acupuncturist)	
Initial evaluation	100% after \$20 copayment
Acupuncture treatments	100% after \$20 copayment
Naturopathic care (provided by a Naturopath)	
Office visit	100% after \$20 copayment
Additional Information	
<b>myRegence.com</b>	<b>myRegence.com</b> is designed to advise you on health care and lifestyle options, navigate you through the health care system, and reward you who make healthy choices. Go to <b>www.myRegence.com</b> and view claims; get fitness and nutrition tips; learn about medical conditions, medications and formulary information; search for doctors; and research cost and care options.

Limitations and Exclusions
This summary provides a brief description of your complementary care plan and is not a guarantee of payment. Once enrolled, your benefits booklet can be viewed online at <b>www.or.regence.com</b> . Please refer to your benefits booklet for a complete list of benefits, definitions, and the limitations and exclusions that apply

## Services And Supplies Not Covered

- Minor surgery, obstetric-gynecological services, proctology services, and massage therapy.
- Durable medical equipment and supplies. These supplies may be eligible for benefits under your medical plan.
- Exclusions listed with your medical benefits



Regence BlueCross BlueShield of Oregon is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueCross BlueShield of Oregon

Toll-free, all areas 1 (800) 228-0978

TDD Line for people with hearing impairments 1 (800) 382-1003

[www.or.regence.com](http://www.or.regence.com)