

Complementary Care Plan

Benefit Features	
Maximum benefit per calendar year	\$500
Important note: All services are combined toward the calendar year maximum benefit. These benefits do not accumulate toward the deductible or the maximum coinsurance of your medical plan.	
Chiropractic care (provided by a Chiropractor)	
	We Pay
Initial evaluation	100% after \$20 copayment
Manipulation for treatment of bone, muscle, and joint disorders	100% after \$20 copayment
Diagnostic radiology and lab services	100%
Acupuncture (provided by an Acupuncturist)	
Initial evaluation	100% after \$20 copayment
Acupuncture treatments	100% after \$20 copayment
Naturopathic care (provided by a Naturopath)	
Office visit	100% after \$20 copayment
Additional Information	
myRegence.com	myRegence.com is designed to advise you on health care and lifestyle options, navigate you through the health care system, and reward you who make healthy choices. Go to www.myRegence.com and view claims; get fitness and nutrition tips; learn about medical conditions, medications and formulary information; search for doctors; and research cost and care options.

Limitations and Exclusions
This summary provides a brief description of your complementary care plan and is not a guarantee of payment. Once enrolled, your benefits booklet can be viewed online at www.or.regence.com . Please refer to your benefits booklet for a complete list of benefits, definitions, and the limitations and exclusions that apply

Services And Supplies Not Covered

- Minor surgery, obstetric-gynecological services, proctology services, and massage therapy.
- Durable medical equipment and supplies. These supplies may be eligible for benefits under your medical plan.
- Exclusions listed with your medical benefits



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Toll-free, all areas 1 (800) 228-0978

TDD Line for people with hearing impairments 1 (800) 382-1003

www.or.regence.com